

# The Orchid



## Welcome from the President

Greetings:

We wish Lady A. Rawiya a speedy recovery and extended our best wishes to her as she recuperates at home.



We have a sellar of activities that we have to get prepared to be on top of for 2020. As you know, we will be the conference host for 2021. Our chair and co-host for the conference is Lady Gloria, Chair and Lady Malinda, Co-host. To make this conference all it can be, we need each of us to step up to the plate. On that note we would like to bring in more ladies in our chapter to assist us. The chapter needs your assistance and support to make this a reality.

In this newsletter are the conference highlights, UNCF Sunday, Reading Day, Sickle Cell Activity, Andrew High School, Partnership, Literacy, and Orange Juice project.

I wish each of you peace, prosperity, love, and a heart full of happiness as we move forward.

Yours in service,

Lady Cynthia Carlton Thompson, President  
Guilford County Chapter of Top Ladies of Distinction, Inc.



## TABLE OF CONTENTS

Guilford Members.....	2
Birthdays.....	3
Sit-In.....	3
Heart and Stroke.....	4
Sickle Cell.....	5
Chapter Officers.....	6
Partnership and Literacy..	6-7
Community Giving.....	8
UNCF Sunday.....	9
Highlights of the Conference .....	10-15
Scripture.....	15

# Guilford County Members



## March Birthday

**Lady Ijeoma Uzokwe**  
**03/04**

**The Late Lady Rebecca**  
**Graves, Organizer**

- Current Members**  
**Lady Dahlia Ashford**  
**Lady Katetia Bennett**  
**Lady Pearlie Bryan**  
**Lady Malinda Carmon**  
**Lady Lisa Hickey**  
**Lady Vickie Hughes**  
**Lady Gloria Jackson**  
**Lady Faye McRavion**  
**Lady Sharon Mitchell**  
**Lady A. Rawiya Nash**  
**Lady Melanie Palmer**  
**Lady Gwendolyn V. Parker**  
**Lady Jacqueline Pettiford**  
**Lady Cynthia Carlton Thompson**  
**Lady Ijeoma Uzokwe**  
**Lady Jacqueline White**  
**Lady Tammy P, Williams**  
**Lady Theldora Williams**

# Sit-In—50th Anniversary The Chapter Sponsored Two Tables



**Ladies Gloria, Pearlie, Melanie, Rawiya, Cynthia, Jackie W, Lisa, Malinda, Gwendolyn, Faye, and Tammy.**

**Lords Nash, Barney, Alton, Parker, Hickey, McRavion, and Carmon.**



# Heart and Stroke



**Lady Dahlia (Health and Wellness) and Lady Gloria (Status of Women) spoke on Heart Health. A table with handouts to share information to the chapter on Heart health and awareness were shared with the chapter. The chapter members worn red to bring awareness.**





**Top Ladies and Teens Donated pampers to the Sickle Cell Foundation. Ladies Dahlia and Katetia delivered the pampers to the Foundation.**



**SICKLE CELL ACTIVITY**

# Chapter Officers

**Lady Cynthia Carlton Thompson**, President

**Lady Vickie Hughes**, 1st Vice President

**Lady Sharon Mitchell**, 2nd Vice President

**Lady Gloria Jackson**, Treasurer

**Lady Jacqueline White**, Financial Secretary

**Lady Melanie Thompson**, Recording Secretary

**Lady Ijeoma Uzkowe**, Assistant Recording Secretary

**Lady Katetia Hargrove**, Corresponding Secretary

**Lady Jacqueline Pettiford**, Parliamentarian

**Lady Theldora Williams**, Sergeant-at-Arms

**Lady A. Rawiya Nash**, Chaplain

**Lady Lisa Hickey**, Top Teens Advisor

**Lady Faye McRavion**, Assist Top Teens Advisor

## COMMUNITY PARTNERSHIP AND LITERACY

P  
A  
R  
T  
N  
E  
R  
S  
H  
I  
P  
S

Projects:

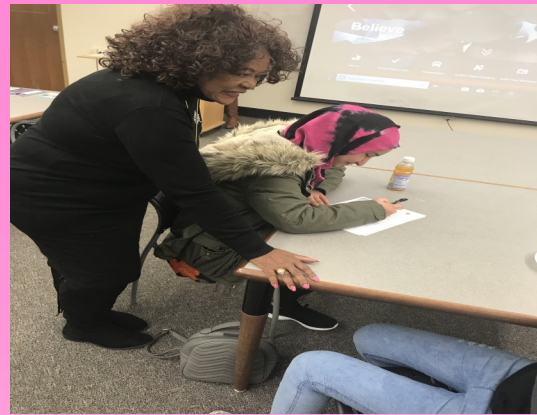
Partnered with Eta Omicron Omega and presented scholarship opportunities to Andrew High School Students

Partnered with Elementary School . Community Reading Day February 5th at Vandalia Elementary School. Featured in the picture: Lady A. Rawiya (Literacy Chair) and Lady Pearlle.





Andrew High School



Completing Applications



HBCU Information



Reading Day



Community Reading Day

## Community Giving



Giving Orange Juice to the Urban Minister was an activity sponsored by Lady Jacqueline White.

There were approximately 100 bottles delivered.



**Ladies, teen, and Lord featured in the picture: Lady Jackie W., Lady Cynthia, Teen Brandon, and Lord Alton**





# UNCF SUNDAY

9

Teens and Ladies attended Oak Groves Baptist Church for UNCF Sunday.  
Lady Melanie , UNCF Chair gave the presentation and collected \$500.00



**Pastor Tillman—dress down Sunday  
Lord Barney, Lady Gloria, Lady Melanie, Pastor Tillman, Teen Makiya, Lady Cynthia and  
Lord Alton**

# HIGHLIGHTS OF THE CONFERENCE

## LEADING LADIES HONORED



Lady Cynthia



Lady Jackie W.

# HIGHLIGHTS OF THE CONFERENCE

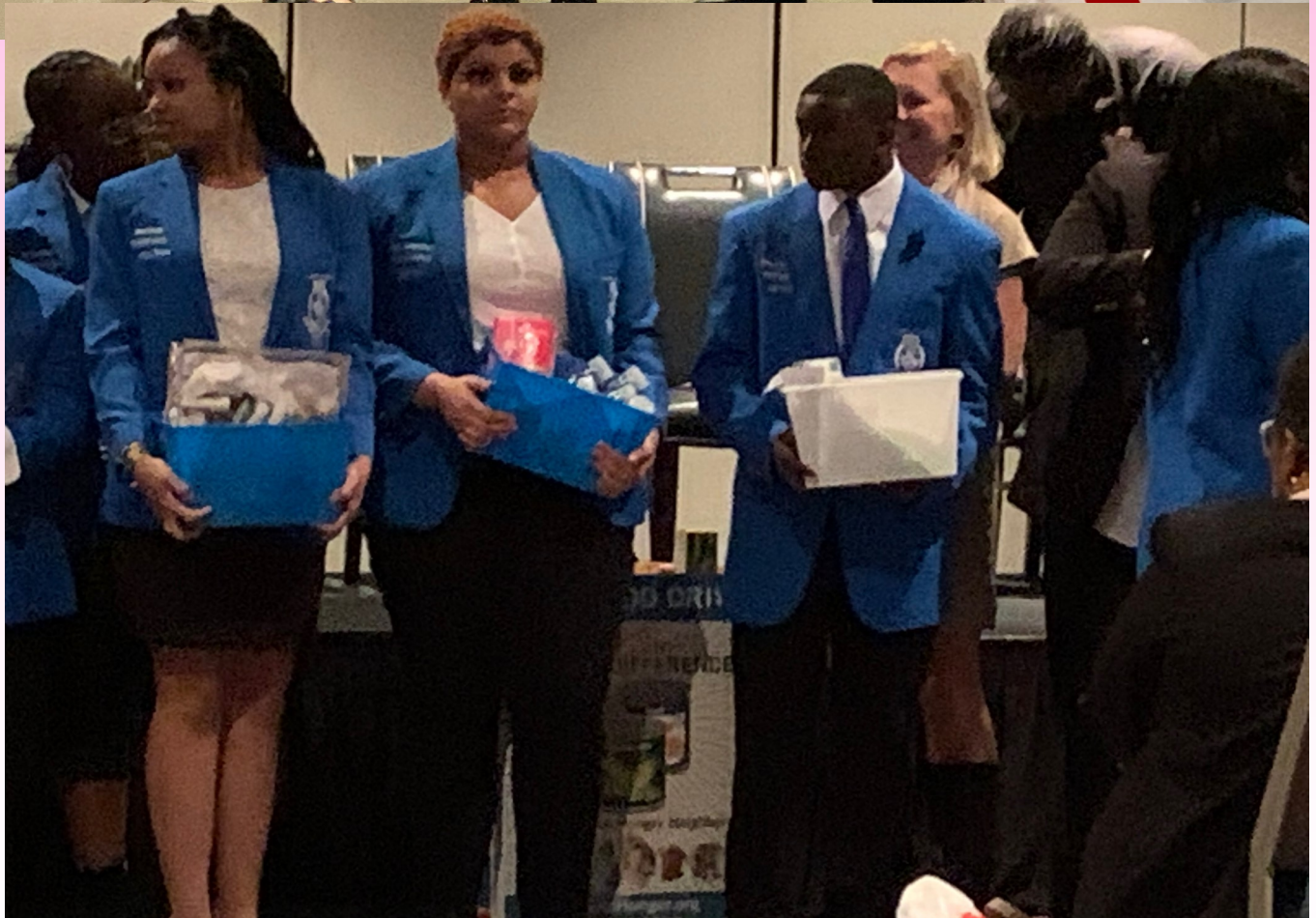


Ten teens and Seven Ladies

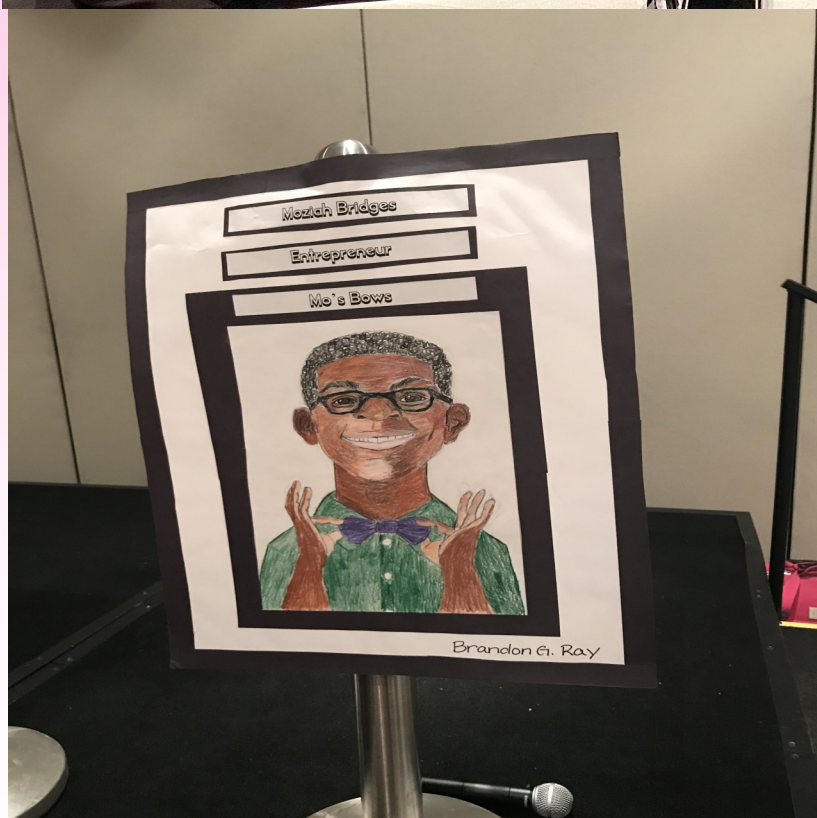


Standing, Lady Lisa, Lord Alton, Lady Cynthia, Lady Gwendolyn. Seating: Lady Gloria, Lady Sharon, and Lady Malinda

# HIGHLIGHTS OF THE CONFERENCE



# HIGHLIGHTS OF THE CONFERENCE



## HIGHLIGHTS OF THE CONFERENCE



**Teen Shyla Hill and Teen Jacob Simmons**



**Lady Tammy Williams**

## HIGHLIGHTS OF THE CONFERENCE



Ladies Malinda, Gloria, Gwendolyn, Cynthia and Tammy

### SCRIPTURE: "Showing Kindness"

**"Yes indeed, it is good when you truly obey our Lord's Royal command found in the Scriptures: "And may the Lord make you increase and abound in love to one another and to all." 1 Thessalonians 3:12**

**"Showing kindness to others is one of the nicest things we can do for ourselves."**

**In the busyness and confusion of daily life, it is easy to lose focus, and it is easy to become frustrated. We are imperfect human beings struggling to manage our lives as best we can, but we may neglect to share a kind word or a kind deed. This oversight hurts others, but it hurts us most of all.**

**Kindness is a Choice.**

**Sometimes, when we feel happy or prosperous, we find it easy to be kind. Other times, when we are discouraged or tired, we can scarcely summon the energy to utter a single kind word. But, God's commandment is clear; we must observe the Golden Rule "In everything" God intends that we Make the conscious choice to treat each other with kindness and respect, no matter the circumstances, no matter our emotions.**

**"Finally, all of you be of one mind, having compassion for one another, love as brothers, be tenderhearted, be courteous." 1 Peter 3:8**