### **Guilford County Top Ladies of Distinction**

November 2020 Volume 1, Issue 9

### The Orchid



#### Welcome from the President





#### Greetings:

Top Teens and Top Ladies had an excited month. We participated in virtual spirit week hosted by Top Teens. We also attended the virtual Cluster hosted by Winston Salem chapter and the Leadership Training hosted by National. We also participated in phone banks and get out to vote activities.

The participants from the Cluster received a lovely crown. Our very own Lady Sharon won the drawing.

This newsletter covers Top Teens Spirit Week. Spirit Week consisted of Pink Day, Twin Day, Costume Day, Throwback Day, and Paraphernalia Day. Also covered in the Newsletter are NAACP, Health and Wellness, Community Beautification, and Literacy activities.

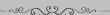
I thank you for all you do for Guilford County Chapter. I wish each of you peace, prosperity, love, and a heart full of happiness as we move forward.

#### Yours in service,

Lady Cynthia Carlton Thompson, President Guilford County Chapter of Top Ladies of Distinction, Inc.

#### TABLE OF CONTENTS

| Guilford Members2          |
|----------------------------|
| Birthdays2                 |
| Spirit Week Pink Monday3   |
| Spirt Week Twin Tuesday4-5 |
| Spirt Week Costume         |
| Wednesday 6                |
| Spirt Week Throwback       |
| Thursday7-8                |
| Spirit Week Paraphernalia  |
| Friday9-10                 |
| NAACP Activities11         |
| Health and Wellness        |
| Community Beautification13 |
| Literacy14                 |
| Meditation1                |



### **Guilford County Members**



The Late Lady Rebecca Graves, Organizer

### **BIRTHDAYS**

Lady Dahlia 11/17 Lady Faye 11/24

#### **Current Members**

Lady Dahlia Ashford Lady Katetia Bennett Lady Pearlie Bryan Lady Malinda Carmon Lady Lisa Hickey **Lady Vickie Hughes** Lady Gloria Jackson **Lady Faye McRavion Lady Sharon Mitchell** Lady A. Rawiya Nash Lady Melanie Palmer Lady Gwendolyn V. Parker **Lady Jacqueline Pettiford Lady Cynthia Carlton Thompson** Lady Ijeoma Uzokwe Lady Jacqueline White Lady Tammy P, Williams **Lady Theldora Williams** 

## SPIRIT WEEK PINK DAY











## SPIRIT TWIN DAY













~ CONTRACTOR

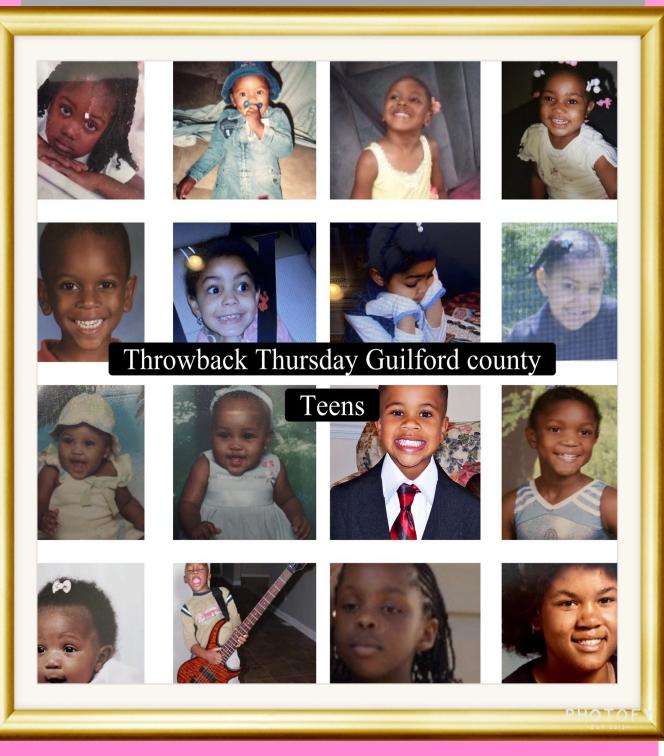
### SPIRIT TWIN DAY



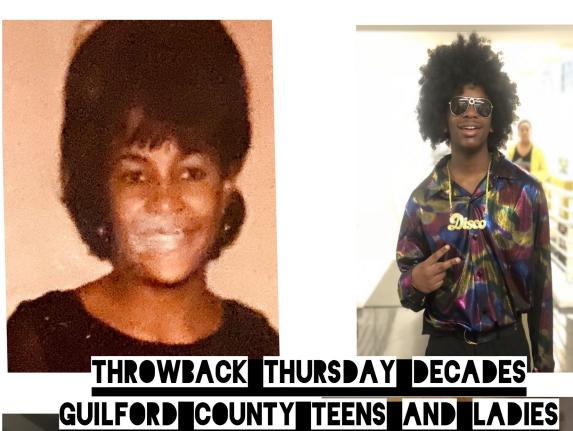
## SPIRIT WEEK COSTUME DAY



## SPIRIT WEEK THROWBACK DAY



## SPIRIT WEEK THROWBACK DAY







# SPIRIT WEEK PARAPHERNALIA DAY



# SPIRIT WEEK PARAPHERNALIA DAY





### **NAACP**



### **VOTE**



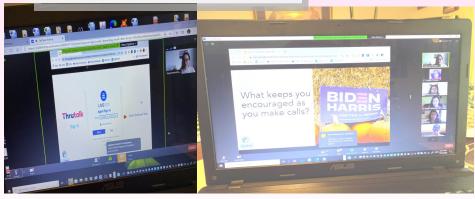
Lady Jacqueline Pettiford sent over 100 post cards to encourage people to Vote.



Lady A. Rawiya served as a greeter on November 3



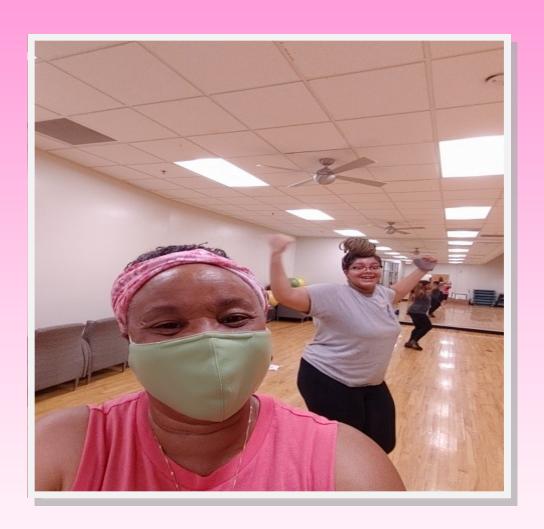
Lady participated in a phone bank





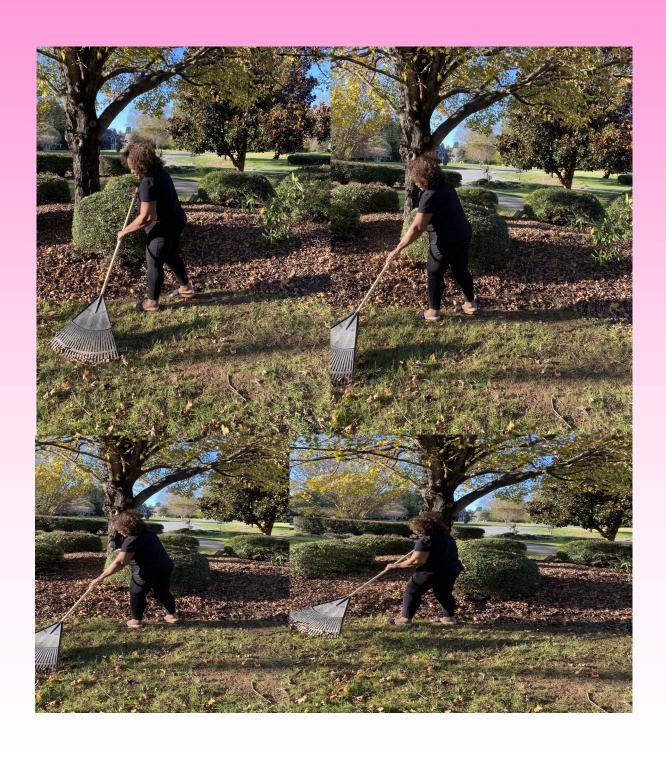
Featured in the picture is Lady Cynthia receiving training for voter registration phone bank.

### **HEALTH AND WELLNESS**



Lady A. Rawiya and Teen Suki at their favorite Gym

## COMMUNITY BEAUTIFICATION



## LITERACY CHALLENGE



READ TWO BOOKS FOR THE MONTH OF NOVEMBER.
THE BOOKS ARE THE LADIES AND TEENS CHOICE

2 King 15:5-7 NIV

### **MEDITATION**

Hezekiah trusted in the Lord, the God of Israel. There was no none like him among all the kings of Judah, either before him or after him. He held fast to Lord and did not stop following him....And the Lord was with him, he was successful in whatever he undertook

