

The Orchid



Welcome from the President



Greetings:

As we gear up for the Cluster that will be virtual, hosted by Winston Salem, we are hopeful that members of our chapter will clear their calendar to attend.

On a sad and happy note, sad for the chapter, but happy for Lady Dahlia. She has a new position at the University of Virginia. We wish her success, and she certainly will be missed.

This newsletter covers Breast Cancer Awareness, Me and My Mentor, UNCF, NAACP, Sickle Cell, Top Teens, Literacy, and Community Beautification events. I thank you for all you do for Guilford County Chapter.

I wish each of you peace, prosperity, love, and a heart full of happiness as we move forward.

Yours in service,

Lady Cynthia Carlton Thompson, President
Guilford County Chapter of Top Ladies of Distinction, Inc.



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Guilford County Members



The Late Lady Rebecca
Graves, Organizer

BIRTHDAYS

Lady Gloria. 10/25

Current Members

Lady Dahlia Ashford
 Lady Katetia Bennett
 Lady Pearlie Bryan
 Lady Malinda Carmon
 Lady Lisa Hickey
 Lady Vickie Hughes
 Lady Gloria Jackson
 Lady Faye McRavion
 Lady Sharon Mitchell
 Lady A. Rawiya Nash
 Lady Melanie Palmer
 Lady Gwendolyn V. Parker
 Lady Jacqueline Pettiford
 Lady Cynthia Carlton Thompson
 Lady Ijeoma Uzokwe
 Lady Jacqueline White
 Lady Tammy P, Williams
 Lady Theldora Williams

October is Breast Cancer Month

BREAST CANCER IS THE MOST COMMON CANCER AMONG AFRICAN-AMERICAN WOMEN. EARLY DETECTION AND EFFECTIVE TREATMENT FOR BREAST CANCER HAVE BEEN SHOWN TO IMPROVE SURVIVAL

- KNOW YOUR RISK**
- GET SCREENED**
- KNOW WHAT IS NORMAL FOR YOU**
- MAKE HEALTHY LIFESTYLE CHOICES**



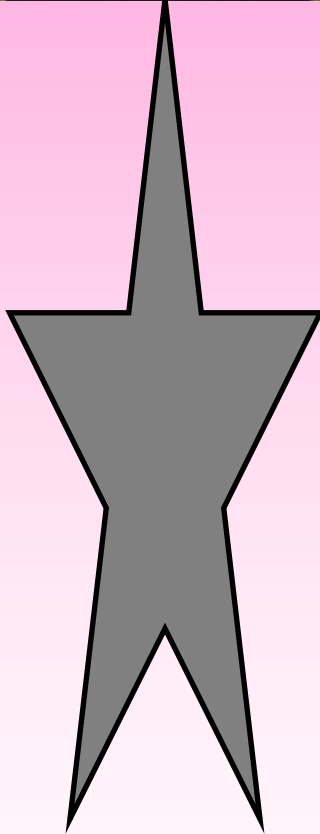
Take Care of Your Health



Me and My Mentor



Lady Gloria presented background information, how to start out in becoming a good mentor/mentee, setting realistic expectations, and ideas on how to effectively engage with one another.



UNCF



UNCF Virtual Walk for Education is a nationwide initiative to raise the critical funds UNCF needs to fulfill their mission of support to our HBCUs and to help students pursue their educational endeavors prepared for active participation in society. While this is a national walk, all 23 UNCF area offices will be participating, supported by local and national sponsors, and honoring local supporters. To assist with this, the chapter or individuals can make a donation on line on September 19, 2020 to UNCF. The Chapter also can make a difference while practicing social distancing by walking, running, cycling, dancing; all in honor of UNCF, our students, and schools. Then, celebrate with UNCF during a nationwide virtual event featuring celebrities, member presidents, students, alumni and others!



NAACP



NAACP hosted their annual convention. It took place virtually on September 13-26, 2020. They established policies and programs of action for the ensuing year. They had conversations discussions around COVID-19, voting and economic stability for Blacks. Lady Cynthia, and Lady Rawiya as well as myself registered for the annual convention



SICKLE CELL



On September 2, 2020, Lady Dahlia attended a virtual sickle cell town hall meeting where she learned valuable information. On Sunday, September 20, 2020, the Piedmont Health Services and Sickle Cell Agency celebrated 50 years of service by launching their virtual time capsule and a special performance by Jamera McQueen-Smith.



TOP TEENS



All teen girls were invited to a “Girls’ Leadership by Design” Virtual Workshop on Saturday, September 19, 2020 and Saturday, September 26, 2020 from 11:00 am – 1:00 pm. This was sponsored by the Color of Reason Women’s Community Council. The workshops topics will include professional development, financial literacy, entrepreneurship, leadership, and social justice.

There was a Top Teen Interest Meeting on October 3, 2020 at 12:00 noon. The teens will meet on Saturday October 10, 2020 for an Adopt a Street-clean up activity.

LITERACY



September was National Literacy Month. This was a time to encourage our teens to pick up a good book and explore what is going on in the free world with our President on the center row. Lady Cynthia read a book a week for the month of September.



COMMUNITY BEAUTIFICATION



Ladies and Lords of the chapter have been completing the upkeep of their yards and starting gardens to beautify the community.



MEDITATION



Quarantine

Q – Quiet your soul

U – Unite as one with God

A - Act with Godly love

R – Read your Bible

A – Activate your faith

N – Nourish your soul

T – Talk with God

I – Intercede for others

N – Nestle in the presence of God

E – Elevate God in Worship

