

The Orchid



President 's Message

Welcome to September 2022 Orchid

As we start back from the summer break, it is hoped you had an enjoyable summer. We kicked off our first event with a 2022 Retreat. Many thanks to Lady Rawiya for letting the chapter use her Club House. Our theme for 2022-2023: "Moving forward to a greater organizational commitment, faithfulness, and loyalty through sisterly relations, teamwork, and execution of ideas" It is our plan to work smarter and not harder. We have partnered with Eta Omicron Omega Chapter and NAACP Educational Committee to assist in carrying out our Thrust and Projects. On August 24th the chapter partnered with Eta Omicron Omega to the Newcomers school to provide bookbags and on an upcoming 3D Mammograms event scheduled for October 22nd. This month is Sisterly Relations month. Lady Gloria and Lady Cynthia kicked the month off with a breakfast. Stay tuned for more exciting events.



Please enjoy the Newsletter as you take a trip to memories of our 2022 Retreat, and senior celebration, community partnership, status of women, senior citizens, me and my mentor, legacies, leading ladies, sisterly relations activities, and see the accolades of our members.

We congratulate Lady Katetia and Lady Gloria for being selected from our chapter as Leading Ladies of Area IV .

Lady Lisa has officially joined the South Carolina's chapter. She will be missed. On a happier note, we will have six new members to join us in November and Lady Tonya is back with us. As we prepare for face-to-face, hopefully each lady will continue to stay engaged, safe and well.

I wish each of you peace, prosperity, love, and a heart full of happiness as we move forward.

Yours in service,

Lady Cynthia Carlton Thompson, President
Guilford County Chapter of Top Ladies of Distinction, Inc.



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Guilford County Members



First Row: Lady Cynthia Carlton Thompson, Lady Vickie Henry Hughes, Lady Sharon Mitchell, Lady Gloria Jackson, Lady Jacqueline White, and Lady Faye McRavion

Second Row: Lady Melanie Thompson Hampton, Lady Ujeoma Uzokwe, Lady Jacqueline Pettiford, Lady A. Rawiya Nash, Lady Theldora Williams, Lady Malinda Carmon, and Lady Tammy P. Williams

Third Row: Lady Gwendolyn V. Parker, Lady Katetia Bennett, Lady Pearlie Bryant, Lady Shawanda Warren Coates, Lady Laknea Drumgoole, Lady Kimberly Bolden, Lady Tonya Alexander



**The Late Lady Rebecca Graves,
Organizer**

Birthdays

**Lady Sharon Mitchell, June 23
Lady Jacqueline White, July 21
Lady Thelodora Williams, August 6
Lady Tonya Alexander, September 3
Lady Pearlie Bryan, September 8
Lady Cynthia Thompson, September 8
Lady Shawnda Coates, September 14**

2022 Retreat



2022 Retreat

“Moving Forward to a Greater Organizational Commitment, Faithfulness, and Loyalty Through Sisterly Relations, Teamwork, and Execution of Ideas”



**Dr. Faye McRavion and Dr. James McRavion were the speakers
The McRavions are members of Guilford County serving as a Lady
and Lord**

2022 Retreat



2022 Retreat



2022 Retreat



2022 Retreat Teens Breakout Room



2022 Retreat Ladies Breakout Room



2022 Retreat Lords Breakout Room



2022 Retreat Lunch and Break Time



2022 Retreat Group Picture



2022 Retreat Top Ladies

“Moving Forward to a Greater Organizational Commitment, Faithfulness, and Loyalty Through Sisterly Relations, Teamwork, and Execution of Ideas”



2022 Retreat Teens



2022 Retreat Lords



Seniors' Graduation Celebration



Seniors' Graduation Celebration



Community Partnership

Top Ladies partner with Eta Omicron Omega Chapter of Alpha Kappa Alpha Sorority, Inc, for a bookbag give away at the Newcomers School. Featured in the picture are president of Eta Omicron, Lady Melanie Hampton and TLOD President, Lady Cynthia Thompson



Community Partnership Simple Gesture



Ladies Sharon, Gloria, Jacqueline P. , A. Rawiya, and Cynthia partner with Simple Gesture to provide food once a month to the needed. Once a month the organization pickup the food and leaves a bag to be filled for the next month.



Status of Women

The graphic is split into two main sections. On the left, a white background features a circular logo with a large 'BD' in the center, surrounded by the text 'Beyond DisABILITY Consultative Services'. Below the logo, the word 'COMING' is written in large, bold, red capital letters, with 'June' in a yellow cursive font underneath it. A green banner with the year '2022' in white is positioned below 'June'. Further down, the text 'Beyond DisABILITY CONSULTATIVE SERVICES' is displayed in black. Below this, it says 'follow my social media platforms' followed by Facebook and Instagram icons and the name 'Beyond Disability Consultative Services LLC'. At the bottom of this section, it says 'Subscribe now at www.beyonddisabilitycs.com'. On the right side of the graphic, a woman with dark hair, wearing a bright green, long-sleeved, knee-length dress and white high-heeled sandals, is smiling and gesturing with her right hand. The background behind her is a vertical gradient of green and yellow.

Lady Melanie launched her business



Status of Women



3D MAMMOGRAMS

1 IN 8 WOMEN ARE DIAGNOSED WITH BREAST CANCER IN THEIR LIFETIME EARLY DETECTION IS KEY TO A POSITIVE OUTCOME








Scan our QR code to schedule your appointment!

Location:
Mt. Zion Baptist Ch 753 Washington St High Point, NC 27260

Date & Time: October 22, 2022 10:00am-4:00pm

To make your 3D mammogram appointment:
www.carolinamobilemammography.com or 877.318.1349

- ⌘ Must Be A Woman 35 And Over For Insurance To Cover Your Screening
- ⌘ Must Be One Year Since Previous Mammogram
- ⌘ Must **NOT** Be Pregnant or Breastfeeding

Notice: Invision Diagnostics suggests patients schedule their annual screening mammogram **either prior to receiving a COVID-19 vaccine or 4 weeks after their second dose or booster** to avoid a potential false positive exam.

www.carolinamobilemammography.com / 877.318.1349

Senior Citizens

Many local seniors are home bound and struggle to obtain healthy meals. There are many who have no one to talk with or check on them on a regular basis. Delivering a hot meal and a warm smile help these senior stay healthy and the visit means a great deal to them.



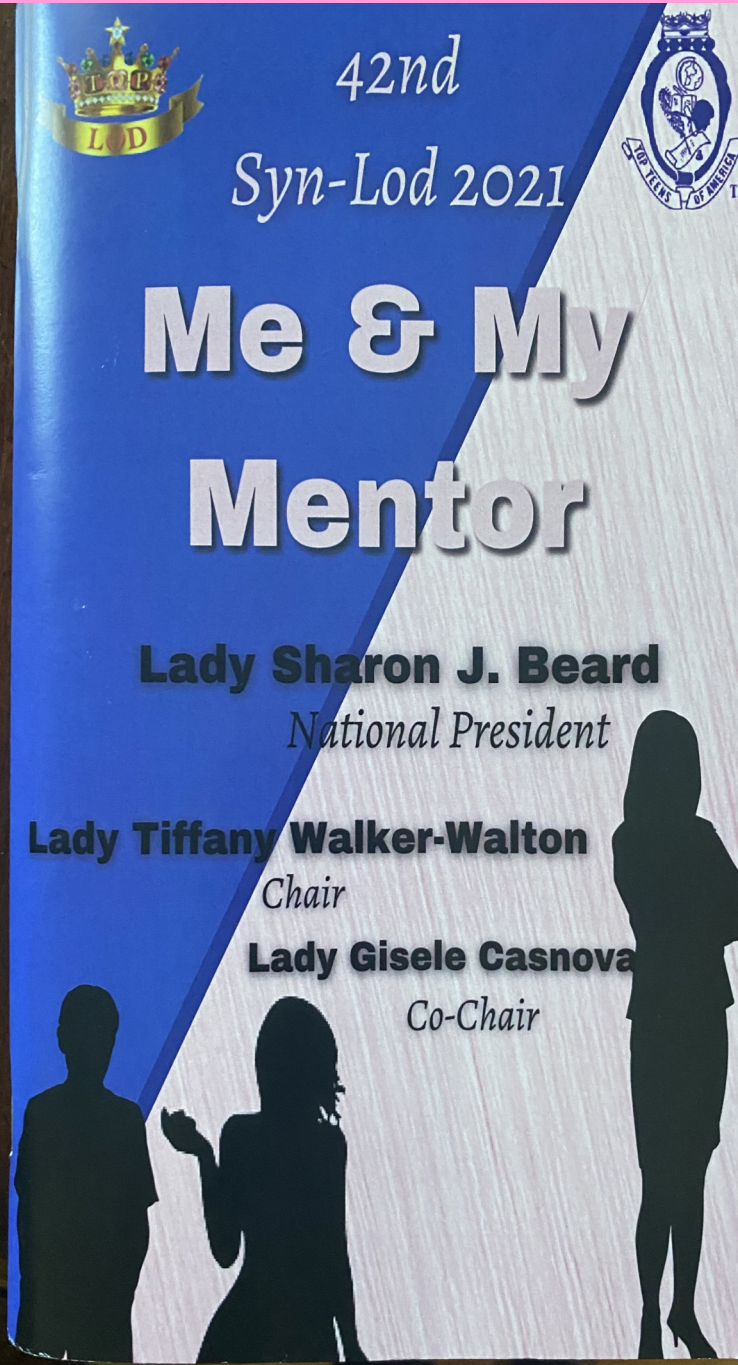
Featured in the picture Lady Rawiya delivering food with a smile .

Legacies Featured in Area IV



Lady Cynthia and Lady Melanie

Me and My Mentor



Lady: Lady Cynthia Carlton Thompson

Area: IV

Chapter: Guilford County

Mentee: Teen Sukianna Abderrhaman

Share what activities/involvements have impacted you as a Teen: When I became the president, my first meeting did not go as planned. My mentor met me at Panera bread and when over how to conduct and have a successful meeting. She also celebrated my birthday by providing items for a successful meeting. She did not focus on what I did wrong but what to do going forward.

Provide Mentor Quotes/Lessons: Always present yourself in a positive light. Put your best foot forward. People will not remember what you did, but they will always remember how you made them feel. Never talk down to people.

Share an impactful experience or memorable moment: My mentor had me over for new years day for dinner and discussion on life memories. I had my favorite meal. I was not ready to leave but my grandparents had another event for me to attend.

Share what having a mentor means to you or how having a mentor has been beneficial: Everyone needs a go to person that has your best interest in education, career paths and life experiences. To have someone that always communicating in a positive way, to let you know you matter, means so much, especially when you have had a bad day. My mentor sends me thinking of you cards to the week.

Leading Ladies

Top Ladies of Distinction, Inc. ~ Area IV

APRIL, MAY, JUNE 2022

Leading Lady



AREA IV STATUS OF WOMEN EDITION

LADY GLORIA JACKSON

INDUCTED 2018

GUILFORD COUNTY CHAPTER
2ND VICE PRESIDENT

WALKING IN HER PURPOSE

TLOD AREA IV

Top Ladies of Distinction, Inc. ~ Area IV

APRIL, MAY, JUNE 2022

Leading Lady



AREA IV STATUS OF WOMEN EDITION

LADY KATETIA BENNETT

GUILFORD COUNTY CHAPTER

AREA IV STATUS OF WOMEN EDITION

WALKING IN HER PURPOSE

TLOD AREA IV

Sisterly Relations



Lady Gloria and Lady Cynthia kick off sisterly relations and enjoy breakfast together with friends

Member Accolade



Greensboro News and Record

Awards



Carlton Thompson

Cynthia Carlton Thompson received the Hartman/Dennis Service to Education Award on July 27 during the 98th Graphic Communications Education Association Conference, hosted by Appalachian State University.

This award was established by the association to give recognition to graphic and print educators.

Thompson becomes the first African American to receive this distinguished honor. Thompson served as the past chairwoman of the department of graphic communication systems and technological studies at N.C. A&T where she trained students in print production and graphic design. Thompson was also the first African American to serve as president of the association.

The award was presented by John Craft, Appalachian State University conference host.

On the Move



Meditation



Faith for the Journey

"Two important truths empower us to meet many challenges in life." First, faith in God's Word reminds us to wait on the Lord. Proverbs 3-5 says, "Trust in the Lord with all thine heart, and lean not unto thine own understanding. In all thy ways acknowledge him and he shall direct thy paths." God is STILL in control and God's will shall prevail. Second, God promises to guide us on our journey. Our God is ever faithful to his promise.

As African American women, we are on a journey of faith. With a deep faith in God, we are successfully crossing troubled waters of sexism, racism, and classism. Yes, when tides are sometimes high, the waters rough, and the winds of adversity stormy, we are sustained by an abiding faith in a God. With God ALL things are possible.

"Faith is the substance of things hoped for " (Hebrews 11:1)

Excerpt by Rev. Dr. Hortense J. Merritt