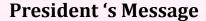
#### **Guilford County Top Ladies of Distinction**

February 2023 Volume 3, Issue 5

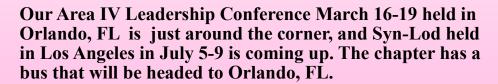




"Valentine Day is in the Air"

Much Love should be given everyday but February is the month of Love. We also celebrate Pink Goes Red in February.

Therefore, put on your Red and think about your Heart Top Ladies!



Enjoy the "The Orchid". This issue of "The Orchid" is devoted to our Pink and Blue Day of services to the community. We had a great day at the Open Door Ministry serving food and giving toiletries to the community in need. It did not stop there, we attended MLK breakfast, United Way, Simple Gesture, and. Bur Mill Community Outreach in High Point, NC. Top Teens had a meet and greet with three prospective teens in attendance. January was a great month of serves to community.

I wish each of you peace, prosperity, love, and a heart full of happiness as we move forward.

Yours in service,

Lady Cynthia Carlton Thompson, President Guilford County Chapter of Top Ladies of Distinction, Inc.







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#### **Guilford County Members**



First Row: Lady Cynthia Carlton Thompson, Lady Vickie Henry Hughes, Lady Sharon Mitchell, Lady Gloria Jackson, Lady Jacqueline White, and Lady Faye McRavion

Second Row: Lady Melanie Thompson Hampton, Lady Ujeoma Uzokwe, Lady Jacqueline Pettiford, Lady A. Rawiya Nash, Lady Theldora Williams, Lady Malinda Carmon, and Lady Tammy P. Williams

Third Row: Lady Gwendolyn V. Parker, Lady Katetia Bennett, Lady Pearlie Bryant, Lady Shawanda Warren Coates, Lady Laknea Drumgoole, Lady Kimberly Bolden, and Lady Tonya Alexander

Fourth Row: Lady Francesca Caaraway, Lady Sandra Neeley, Lady Jorretta Simmons, Lady LaTrice Stokes, Lady Tonya Stokes, and Lady Veronica Thompson



The Late Lady Rebecca Graves Organizer

Birthdays No Birthdays in the Month of February





Top Padies Of Distinction



## **MLK Breakfast**

Ladies Jacqueline White, Melanie Hampton, and Lady Rawyia Nash attended the MLK Breakfast. Lord Alton served as an usher.







## **United Way Day of Service**

# Lady Faye and Lord James assisted in the United Way MLK Day of Service Event



#### **Bur Mill Day of Service**

Ladies Cynthia, Tonya, and Gloria assisted in stacking the shelves at Bur Mill Community Outreach in High Point. They also purchased breakfast food for the organization. Not featured in the picture is Lady Tonya.



## **Simple Gesture**



Lady Rawiya assisted at Simple Gesture on MLK Day of Service

On January 8, the Ladies and Teens packed bags of toiletries, hats, gloves, and scarfs after the Top Teens' and Top Ladies' chapter meetings



On January 8, Lord James gave a presentation on "Giving Back" at the Open Door Ministries in High Point. Prayer was given by Lord Alton



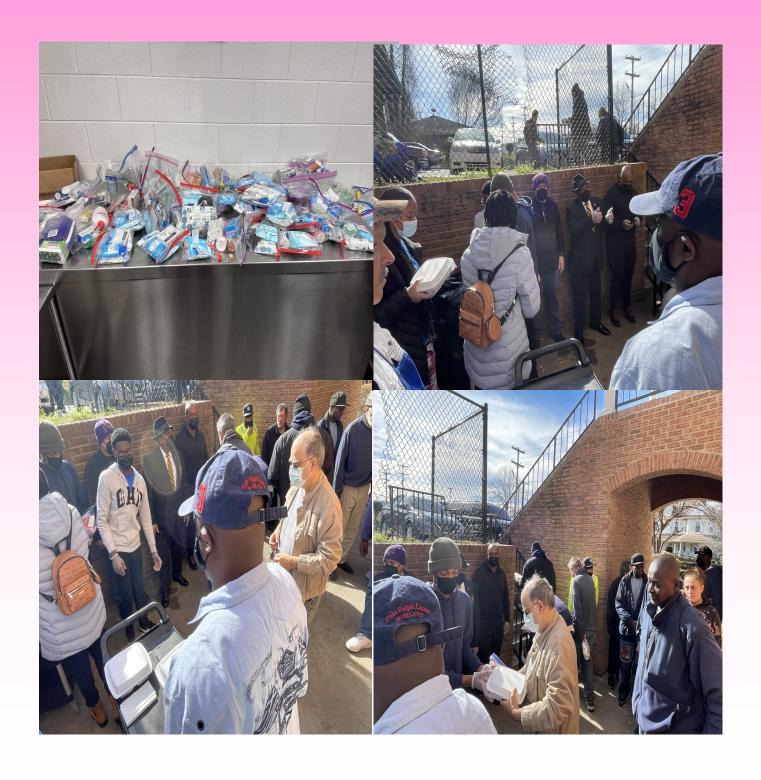




On January 16, Teens, Ladies and Lords served and distributed toiletries, hats, gloves, and Scarfs at the Open Door Ministries in High Point, NC



Open Door Ministries, Outside giving each person a gift bag full of toiletries, hats, gloves, scarfs and the ladies had personal items in their bag.



#### **Ending Our Day of Service Activities**





# Teens **Meet and Greet**

Teens' Meet and Greet Activity. Three Prospective teens attended. A guest speaker presented a presentation to the teens.



## **Grandparents' Day**

Teen Nailah Newkirk honored the custodian and her teacher on Grandparent's Day with thinking of you cards



#### **Simple Gesture**





Top Ladies (Ladies Sharon, Gloria, Jacqueline P., A. Rawiya, and Cynthia) continue their partnership with Simple Gesture to provide food once a month to the needed. Once a month the organization pickup the food and leaves a bag to be filled for the next month.

**Next month** 





#### Meditation



#### "Making The Right Decisions"

Some decisions are easy to make because the consequences of those decisions are small. When the person behind the counter asks, "Want fries with that?" the necessary response requires little thought because the aftermath of that decision is relatively unimportant.

Some decisions, on the other hand, are big...very big. If you're facing one of those big decisions, here are some things you can do: 1. Gather as much information as you can: don't expect to get all the facts—that's impossible-----but get as many facts as you can in a reasonable amount of time. (Proverbs 24:3-4) 2. Don't be too impulsive: If you have time to make a decision, use that time to make a good decision (Proverbs 19:2) 3. Rely on the advice of trusted friends and mentors. Proverbs 1:5 makes it clear: "A wise man will hear and increase learning, and a man of understanding will attain wise counsel" (NKJV) 4. Pray for guidance. When you seek it, He will give it. (Luke 11:9) 5. Trust the quiet inner voice of your conscience: Trust your conscience a you would a trusted advise (Luke 17:21) 6. When the time for action arrives, act. Procrastination is the enemy of progress; don't let it defeat you. (James 1:22)

People who can never quite seem to make up their minds usually make themselves miserable. So when in doubt, be decisive. It's the decent way to live.

"If you are struggling to make some difficult decisions right now that aren't specifically addressed in the bible, don't make a choice based on what's right for someone else. You are the Lord's and He will make sure you do what's right."