



# The Orchid



## President 's Message



### “Happy Women History Month”

**This month we celebrate Women History Month. In our chapter, we have a number of black businesses, and we salute you on Women History Month.**

**Our Area IV Leadership Conference March 16-19 held in Orlando, FL is this month,. We have 7 ladies and 7 teens attending the Leadership Conference. The chapter has a van that will be headed to Orlando, FL. Syn-Lod held in Los Angeles in July 5-9 email is out to the members. Please check your email.**

**Enjoy the “ The Orchid”. This issue of “The Orchid” is devoted to Women History Month, Literacy, Status of Women, and Senior Citizens.**

**I wish each of you peace, prosperity, love, and a heart full of happiness as we move forward.**

**Yours in service,**

**Lady Cynthia Carlton Thompson, President  
Guilford County Chapter of Top Ladies of Distinction, Inc.**



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# Guilford County Members



**First Row: Lady Cynthia Carlton Thompson, Lady Vickie Henry Hughes, Lady Sharon Mitchell, Lady Gloria Jackson, Lady Jacqueline White, and Lady Faye McRavion**

**Second Row: Lady Melanie Thompson Hampton, Lady Ujeoma Uzokwe, Lady Jacqueline Pettiford, Lady A. Rawiya Nash, Lady Theldora Williams, Lady Malinda Carmon, and Lady Tammy P. Williams**

**Third Row: Lady Gwendolyn V. Parker, Lady Katetia Bennett, Lady Pearlie Bryant, Lady Shawanda Warren Coates, Lady Laknea Drumgoole, Lady Kimberly Bolden, and Lady Tonya Alexander**

**Fourth Row: Lady Francesca Caaraway, Lady Sandra Neeley, Lady Jorretta Simmons, Lady LaTrice Stokes, Lady Tonya Stokes, and Lady Veronica Thompson**

**The Late Lady Rebecca Graves  
Organizer**



**Birthdays  
Lady Ijeoma Uzokwe  
March 03**

# Women History Month



*We salute all the Top Ladies that are entrepreneurs!*

**Lady Katetia Bennett**

**Lady Vickie Hughes**

**Lady Gloria Jackson**

**Lady Melanie Thompson-Hampton**

**Lady Jacqueline White**

**Lady Theldore Williams**

*Top Ladies Of Distinction Inc.*



# Literacy

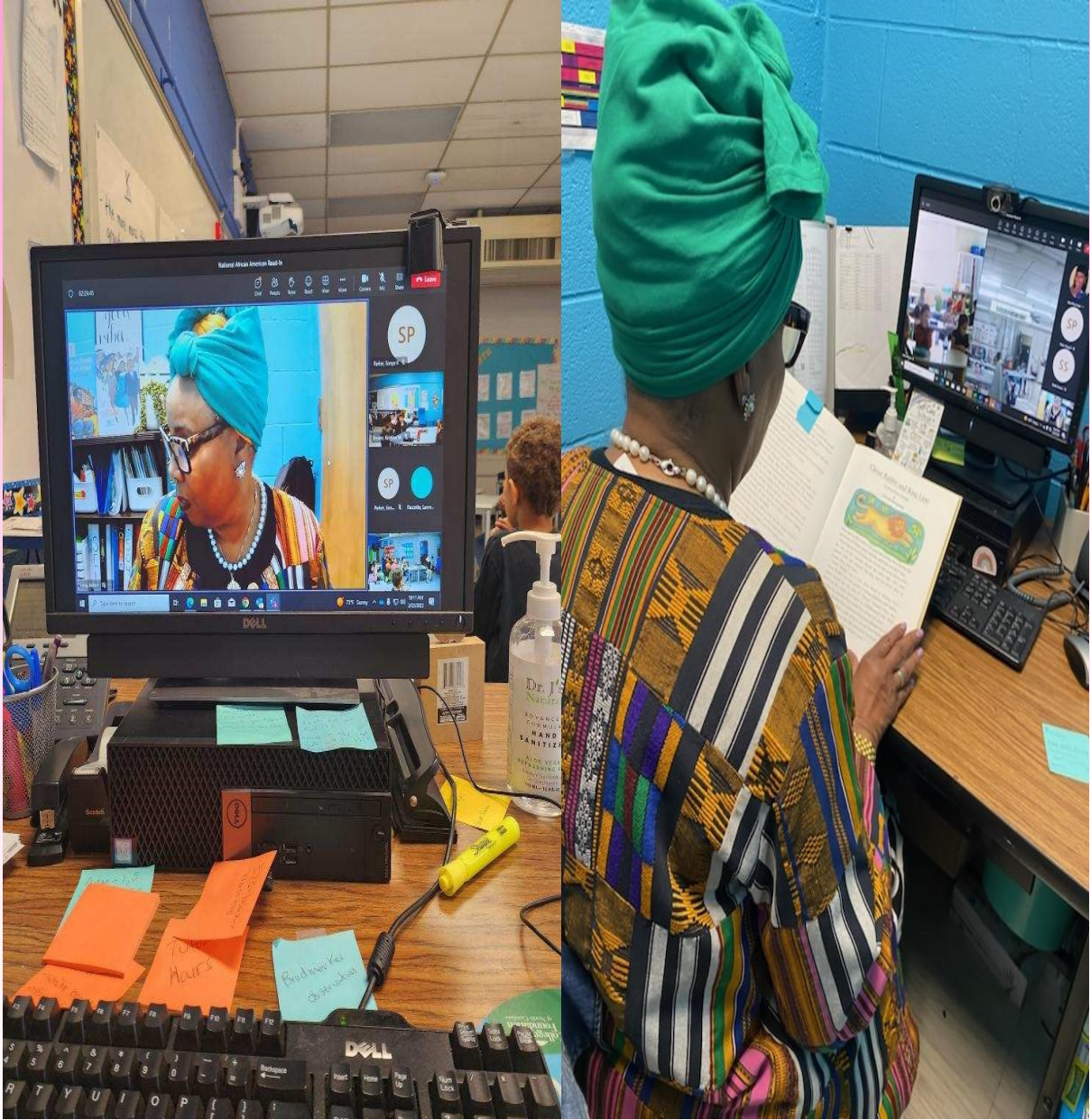
Lady A. Rawiya, Literacy Chairman, participated in African-American Virtual Read-In. The event took place on the campus of A&T in Bluford Library in the Seminar Room. Over 4,000 children participated .





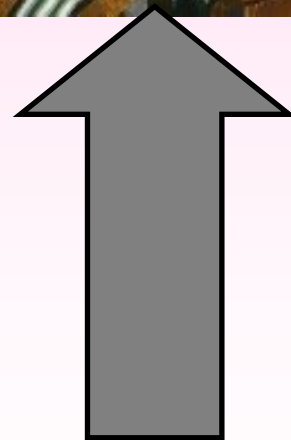
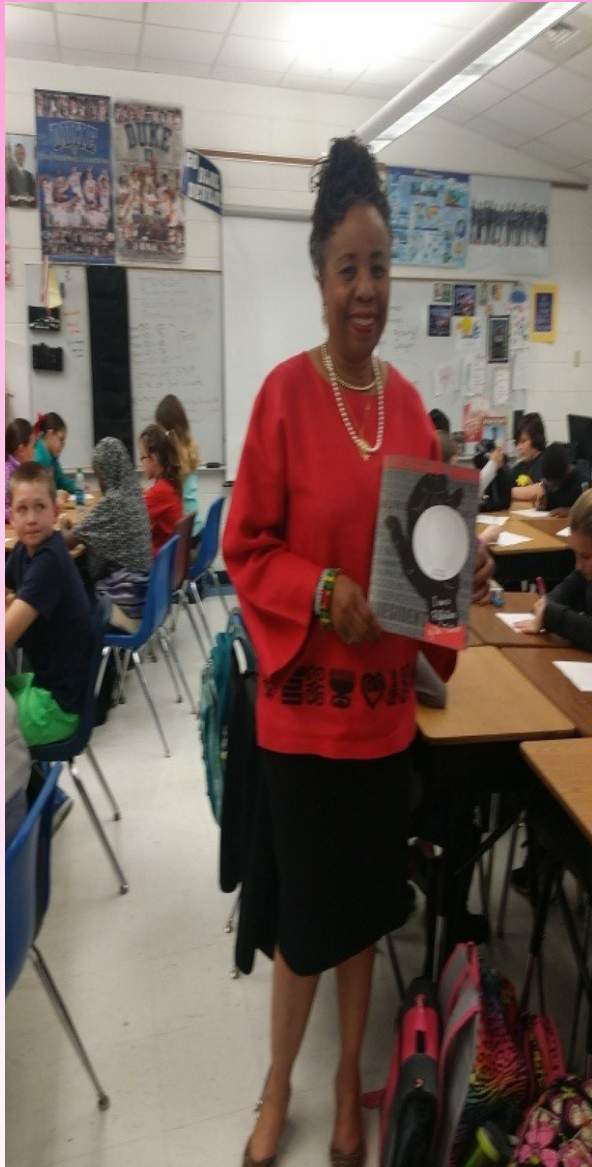
# Literacy

## Read-In



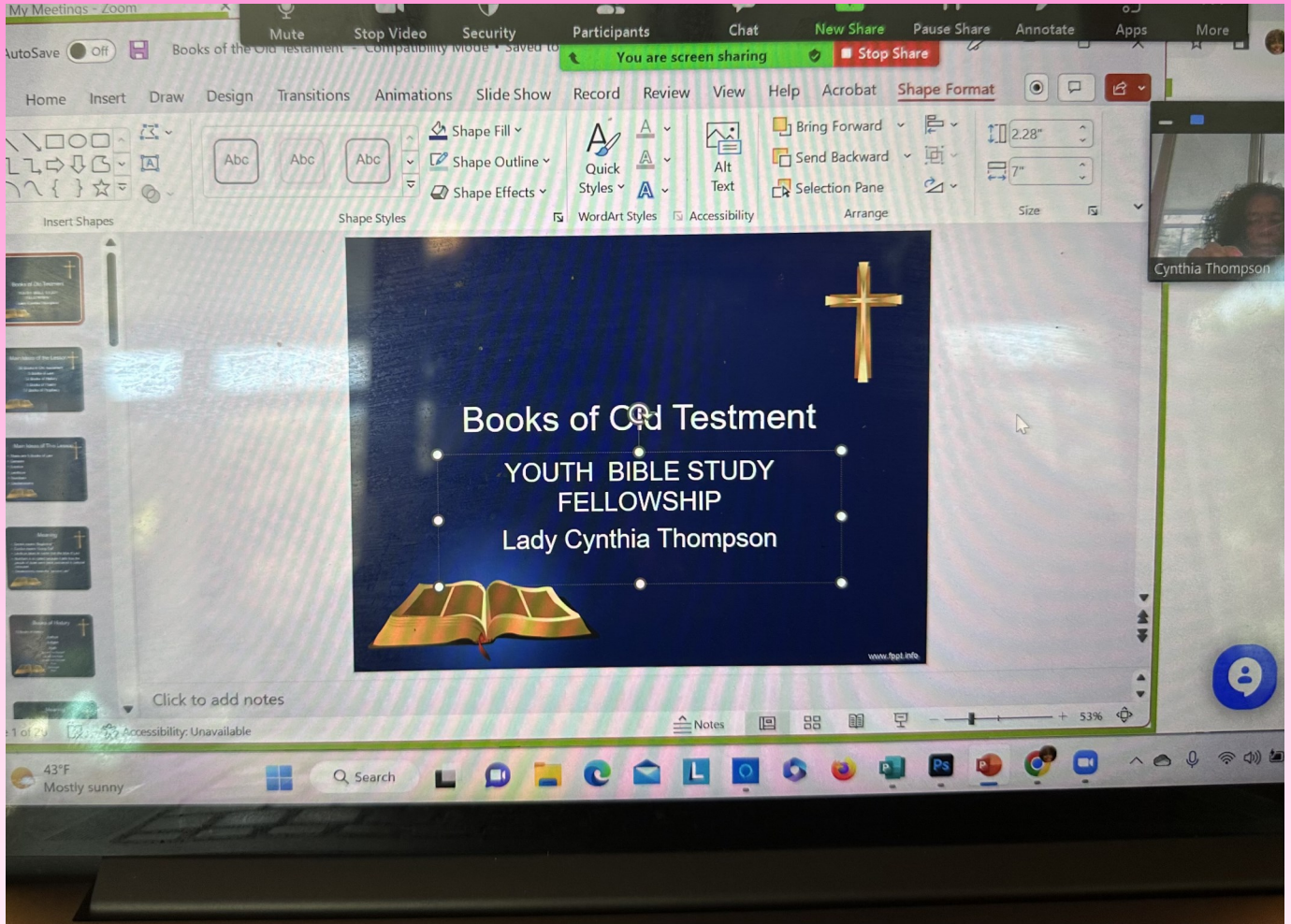
# Literacy

## Lady A. Rawiya at Foust Elementary School



# Literacy

**Every first week of the Month Lady Cynthia has a virtual Bible Study Class. Every Quarter the students have a face to face activity**



# Status of Women

**Lady Shawnda presented a workshop on Heart Health and Wellness. She had an interactive workshop and presented a gift to ladies or teens with the correct answer to questions**





# Status of Women

## Heart Health and Wellness Workshop Continued



# Status of Women

## Heart Health and Wellness Workshop Continued



# Status of Women



## Heart Health and Wellness Workshop Continued



# Senior Citizens

**February 25, Teens and Top Ladies visited Camden Health and Rehabilitation Center and distributed, scarfs, gloves, and hats.**



# Senior Citizens

**February 25 Camden Health and Rehabilitation Center**





# Meditation



**“BLESS BRINGS BLESSINGS”**

”

**Giving is an energy that not only helps others but also creates even more for the person who is doing the giving. This is natural law that is true regardless of whether the person who is giving wants or even realizes what is occurring.**

**Money is “circulation.” It needs to flow. When you are frightened, selfish, or when you hoard everything for yourself, you literally stop the circulation. You create “clogged pipes,” making it difficult to keep money flowing back in your direction. The way to get the flow going again is to start giving. Be generous. Pay others well, tip your server that extra dollar. Support several charities. Give back.**

**The same dynamic is true if you want to fill your life with love or anything else worthwhile. If you want more love, or fun, or respect, or success, or anything else, the way to get it is simple: Give it away. What can you give? Don't worry about a thing. God knows what He is doing. Everything you give away, will return, with interest.**

**BLESS BRINGS BLESSINGS**

**Lady A. Rawiya**